

# An Bhearú



## Starters

**Soup of The Day**   €7.25  
Homemade brown bread or white rolls  
*(SP, MK, CY)*

**Tomato & Herb Soup**   €7.25  
Homemade brown bread or white rolls  
*(SP, CY)*

**Atlantic Eish Chowder**   €10.95  
Homemade brown bread  
*(SP, MK, CY, FH)*

**Silverhill Duck Arancini** €12.95  
Panko crumbed duck & risotto balls, baby leaf, sweet chili & coriander mayo  
*(SP, SY, EG, CY, VWH)*

**Prawn & Chorizo** €12.95  
Tiger prawn, spicy chorizo, garlic, lemon & herb butter, ciabatta croute  
*(CS, MK, SP, VWH)*

**Parma Ham Bruschetta** €12.95  
Crisp ciabatta, rocket, pesto, tomato, red onion, parma ham, balsamic drizzle  
*(VWH, SP, MK, CY)*

**Calamari**  €13.95  
Golden fried in light spice mix, lemon caper aioli  
*(SP, EG, MD)*

**Chicken Wings**  €12.95  
Crispy cooked in hot sauce or BBQ sauce, celery, blue cheese dip  
*(SP, SY, EG, CY)*

**An Bhearú Salad**  €12.95  
Baby leaf salad, rocket, saffron pearl cous cous, baby beet, grated carrot, garlic & lime dressing  
*(SP, VWH)*

**Chicken Satay Skewers**  €12.95  
Char grilled chicken, satay sauce, lime, mint & natural yoghurt dip  
*(SP, SY, VWH, MD)*

**Talbot Caesar Salad** €12.95  
Romaine lettuce, bacon lardons, croutons, anchovy, parmesan dressing  
*(EG, VWH, FH)*

## Mains

**An Bhearú Burger** €19.95  
8oz prime Irish mince beef, baby gem, beef tomato, mature cheddar, smoked bacon, bourbon mayo, chipotle & black sesame seed bun, beer battered onion rings, house chips  
*(MK, VWH, SP, SE)*

**Rotisserie Chicken** €20.95  
Half roast chicken in honey & herb glaze, caesar salad, roast pan jus, house chips  
*(MD, EG, VWH, FH, SP)*

**10oz Sirloin Steak**  €34.95  
Mushroom & herb duxelle, onion puree, crispy fried onion, brandy & pepper sauce or garlic & herb butter, house chips  
*(SP, CY, MD)*

**Cajun Chicken Burger** €19.95  
Baby gem, beef tomato, cajun mayo, roast red pepper, onion, sweet chilli, pineapple salsa, house chips  
*(VWH, CY, SP, EG, SE)*

**Black Bean Stir Fry**   €18.95  
Stir fried Asian vegetables, black bean sauce, basmati rice. Add Chicken + €3  
*(SP, CY, MD, SY)*

**Kilmore Quay Beer Battered Cod** €20.95  
Pancetta peas, burnt lemon, homemade tartar sauce, house chips  
*(FH, EG, SP, VWH)*

**Irish Baby Back Pork Ribs** €19.95  
BBQ glazed ribs, charred corn cob, house chips  
*(SP, CY, SY)*

**Cottage Pie**  €19.95  
Top side Irish beef mince, garden herbs & vegetables topped with house mash & roast root vegetables  
*(SP, MK, CY)*

**Steak Sambo** €20.95  
6oz Irish prime beef, sauteed onion, grilled tomato, baby rocket, ciabatta, house chips, brandy pepper sauce  
*(SP, CY, VWH, MD)*

**Chicken Caesar Salad** €16.95  
Romaine lettuce, bacon lardons, croutons, anchovy, parmesan dressing, garlic ciabatta  
*(EG, VWH, FH)*

**Carlow Chicken Carbonara** €19.95  
Tender chicken, bacon lardons, linguini pasta, garlic, cream sauce, parmesan, garlic ciabatta  
*(EG, MK, SP, VWH)*

**Prawn Thai Curry** €22.95  
Yellow Thai curry, mixed vegetables, steamed rice, poppadom  
*(SP, CY, MD)*

**Chicken Thai Curry** €20.95  
Yellow Thai curry, mixed vegetables, steamed rice, poppadom  
*(SP, CY, MD)*

**Vegetable Thai Curry**  €18.95  
Yellow Thai curry, mixed vegetables, steamed rice, poppadom  
*(SP, CY, MD)*

**Pan Fried Fillet of Hake**  €20.95  
Sauté baby potato, bacon, garlic & roast red pepper, charred corn, tomato & red onion salsa  
*(FH, SP)*

**Penne Arrabbiata**  €18.95  
Mediterranean mixed vegetables, penne pasta, spicy tomato arrabbiata sauce  
*(VWH, CY, SP)*

**Chicken Arrabbiata** €20.95  
Chunky chicken, mixed mediterranean vegetables, penne pasta, spicy tomato arrabbiata sauce  
*(VWH, CY, SP)*

**Sides** €4.95

House Chips    
Sweet Potato Fries    
Baby Potato & Wholegrain Salad    
Red Cabbage Slaw   
Garlic Ciabatta   
Beer Battered Onion Rings    
Charred Corn on The Cob  

**Dips & Sauces** €2.50

Garlic Mayo    
Blue Cheese    
BBQ Sauce    
Chilli & Coriander Mayo    
Chipotle Mayo    
Satay Sauce    
Brandy & Pepper Sauce  

## Desserts

**Oreo Cheesecake** €8.25  
Chocolate Oreo pieces, biscuit base with creamy filling  
*(VWH, MK, FH, TN, LP, SP)*

**Apple & Mixed Berry Crumble** €8.25  
Golden crumble topping, vanilla ice cream, anglaise  
*(VWH, MK, SP)*

**Eton Mess**   €8.25  
Crunchy meringue, fresh cream, raspberry coulis, fresh strawberries  
*(SP, MK, EG)*

**Sticky Toffee Pudding** €8.25  
Vanilla ice cream, rich toffee sauce  
*(EG, VWH, MK, FH, TN, LP)*

**Vanilla Crème Brulee** €8.25  
Vanilla infused baked egg custard, chocolate chip cookie  
*(MK, VWH, SP)*

**Chocolate & Coconut Tart**  €8.25  
Dates and mixed nut base, chocolate & coconut filling, raspberry coulis  
*(TN, FH, SY, SP)*

**Knickerbocker Glory**   €8.25  
Dairy ice cream, fruit jelly, fresh cream, fruit coulis, fruit cocktail  
*(MK, SP)*

**Warm Chocolate & Hazelnut Brownie**   €8.25  
Vanilla ice cream, chocolate sauce  
*(MK, VWH, TN)*

All our beef is of Irish origin.  
All other meats are of Irish and EU Origin, and our fish and seafood is responsibly sourced.  
Most of our dishes can be made Gluten Free – just ask!

 Gluten Free  Vegetarian  Vegan

Peanut (PN) | Tree Nuts (TN) | Sesame (SE) | Wheat Flour (WH1) | Semolina (WH2) | Whole Meal Wheat (WH3) | Wheat Bran (WH4) | Rye (WH5) | Barley (LP1) | Oats (LP2) | Eggs (EG) | Milk (MK) | Soya (SY) | Fish (FH) | Crustaceans (CS) | Molluscs (MS) | Celery (CY) | Mustard (MD) | Sulphites (SP)

**TALBOT HOTEL**  
CARLOW